

The Great Getaway – Merricks Lodge and the Peninsula

Time to Break-free for some Outdoor Fun!

The Great Getaways give everyone over the age of 55 a chance to try new activities and socialise with like-minded people in beautiful locations.

Are you up for an adventure on land OR under the water?

Activity Option #1 - Great ways to 'get wet' and explore Port Philip Bay

Snorkel - Theory & Pool

Participants spend approx. 30 minutes in a theory session where they learn about the equipment and techniques used in snorkelling. Then, after 'gearing up', a pool session follows where participants put the theory into practice and learn how to snorkel safely.

Snorkel – Pier

Following the pool session and a drive across to Rye or Portsea, participants gear up and are taken by an instructor for a snorkel under one of the piers. In groups of no more than 8, the instructor will help participants enjoy the experience by pointing out marine animals and explaining about the different things under the pier.

Snorkel – Boat. Explore the marine life at Popes Eye then swim with the seals!

After the Pier Snorkel session to ensure that participants can snorkel safely, they will gear up again, and then travel by boat to a snorkelling site in Port Phillip Bay – usually "Pope's Eye" followed by the seal colony at "Chinaman's Hat". Again, participants are guided by an instructor in smaller groups.

Activity Option #2 – Climb a tree, paddle a kayak then a boat cruise on Port Philip Bay

Tree Climb

Participants climb one of two specially prepared trees at Merricks Camp using safety ropes, harnesses and helmets (all supplied). Instructors teach the techniques of 'belaying' and participants will 'belay' each other supported by others around them.

Sit on Top Kayak Paddling

After discussions about safety and instruction on kayaking techniques the group hits the water and uses a variety of activities and fun games to refine their skills in staying afloat and moving about.

Boat Ride

After a drive across the Peninsula participants will travel by boat to see sights of Port Phillip Bay including "Pope's Eye", "Chinaman's Hat" and "South Fort Channel" to learn the history of the bay – you may even see a seal or two along the way!

What's included:

All highly specialist instruction and equipment (including, wetsuits + snorkeling gear, Sit on Top kayaks, helmets + climbing gear is included in the Great Getaway pricing. Lots of fun and laughs.

What's not included:

Transport to and from the camp and across the peninsula.

Join us 2:30 pm Friday 18th until 2:00 pm Sunday 20th March 2022

See overleaf for camp costings and booking details, or use the more efficient online booking link, provided by email.

Places are limited! Book today by completing the attached booking form and returning to seniors@auscamps.asn.au or by calling the Australian Camps Association on 03 9863 6822.



AUSTRALIAN
CAMPS ASSOCIATION
GREATGETAWAYS®
Outdoor programs for people over 55



Join us in our Facebook Group! Search for: Australian Camps Association – The Great Getaway

Great Getaway - UC Camping Merricks Lodge, March 18 - 20, 2022

Booking Enquiries: 03 9863 6822 E: seniors@auscamps.asn.au

- ☐ ACA Invoice for Paynow Online, BPAY, EFT or Credit card.